

# GYM TIMETABLE

## MONDAY

TIME	ACTIVITY
06:30-07:30	Members
07:45-08:45	Members
09:00-10:00	Members
10:15-11:15	Members
11:30-12:30	Members
12:45-13:30	Members

## TUESDAY

TIME	ACTIVITY
06:30-07:30	Members
07:45-08:45	Members
09:00-10:00	Members
10:15-11:15	Members
11:30-12:30	Members
12:45-13:30	Members

## WEDNESDAY

TIME	ACTIVITY
06:30-07:30	Members
07:45-08:45	Members
09:00-10:00	Members
10:15-11:15	Members
11:30-12:30	Members
12:45-13:30	Members

## THURSDAY

TIME	ACTIVITY
06:30-07:30	Members
07:45-08:45	Members
09:00-10:00	Members
10:15-11:15	Members
11:30-12:30	Members
12:45-13:30	Members

## FRIDAY

TIME	ACTIVITY
06:30-07:30	Members
07:45-08:45	Members
09:00-10:00	Members
10:15-11:15	Members
11:30-12:30	Members
12:45-13:30	Members

## SATURDAY

TIME	ACTIVITY
08:15-09:15	Members
09:30-10:30	Members
10:45-11:45	Members

## SUNDAY

TIME	ACTIVITY
08:15-09:15	Members
09:30-10:30	Members
10:45-11:45	Members

### MEMBER INFORMATION

- Members will need to book time slots for gym use—these sessions can be booked online or at reception
- Each booking will be for one hour. This includes your arrival, workout (including warm-up, main exercise and cool-down).
- Dry side changing rooms will not be available

**CharterhouseClub**  
Godalming's Premier Health & Fitness Club